



Call for Presenters

SAGE of the Rockies

A program of the Gay, Lesbian, Bisexual and Transgender Community Center of Colorado, is looking for presenters for our **Regional Conference on LGBT Aging**.

Yesterday, Today, and Tomorrow ... Choosing to Live Well

October 8-10, 2010

Denver Sheraton Hotel

The conference will bring together members of the LGBT community to learn, discuss, plan and advocate around the critical issues of growing older. The conference will provide programs, workshops and sessions that are particularly relevant to those middle-aged and older (40 +), and there will be some special programs that appeal to youth and adults of all ages. The conference will provide tracks of specific interest to people of various age groups, providers of aging services, and relevant business interests. This is the beginning of a journey...one that will carry on from the conference with work groups, task forces, monthly Center presentations, and a clear plan to build a vibrant LGBT community in which to age.

Six primary tracks will focus on housing; health; competent care; social/spiritual needs; financial/legal; and equality issues. Within those broad categories, we seek presentations on topics such as –

Housing

- Home modifications to enable independent life at home
- Bringing good help into your home
- What to do when you have to move
- Types of housing options – shared housing, co-housing, naturally occurring retirement communities, assisted living, extended care facilities, gay-friendly, etc.
- Paying for where you live
- What would a comprehensive menu of housing options look like?
- How do I find a good (and safe) place to live?
- How could I develop an LGBT friendly home?
- Non-discrimination laws in public housing and accommodations

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Health

- Type of care and caregiving (family, involuntary, non-family, paid, “share the care”)
- Choices for healthy living – gender differences
- Sexual health and sexual activity
- HIV and Aging
- Maintaining a healthy mind
- Transgender health issues
- End of life choices / hospice
- Medications and aging; medical marijuana?
- Addictions – higher risk for LGBT elders?

Social / Spiritual

- Two Spirit Society (Native American LGBT issues)
- Relationships in the second half of life
- Intergenerational relationships (non-sexual or sexual)
- Travel opportunities
- WisdomWork (aging with intention)
- Asking for help
- Finding a social group
- Dealing with loss and loneliness
- Particular strengths and challenges being GLB or T and growing older as a member of an ethnic minority group
- Staying sexually active – being creative; fetish; meeting people
- Arts / Creativity in later life
- Mentoring young people
- Civic Engagement and Volunteering
- Belonging to a church, or other faith community

Financial / Legal

- Wills
- Estate Planning
- Retirement Planning
- Continuing to work (FT, PT, volunteering)
- Preserving assets in a partner relationship
- Designated Beneficiary Law (Colorado)
- Advance Directives / Powers of Attorney
- Health and Long Term Care Insurance

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- Prescription drug coverage
- Social Security and Medicare
- Managing all those documents
- Leaving a legacy

Equality

- Lobbying for LGBT recognition – national, state, local laws and regulations
- Older Americans Act – LGBT issues for reauthorization in 2011
- Mandating visibility and counting of LGBT elders in research, census, demographic surveys, grants, etc.
- LGBT elder roles in the equality movement --- same-sex partnerships, benefits, DOMA, DADT, survivor rights, etc..)
- Marketing and Outreach to LGBT elders
- Developing a workforce prepared to provide competent care
- Making sure LGBT elders are visible in the political process

We are seeking presentations that enhance our participants' learning experience, build community, and inspire to be involved. To create this opportunity, sessions should incorporate active educational methods, provide replicable knowledge and demonstrate measurable outcomes/results.

Feel free to suggest a presentation topic that may not be included in the list above.

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Please complete the information requested below and return to **Ken Helander, GLBT Community Center of Colorado, P.O. Box 9798, Denver, CO 80209, by April 30, 2010.**
Phone: 303-733-7743, x. 122 or email - khelander@glbtcOLORADO.org

Title of Presentation: _____

Learning Objectives: What attendees can expect to take away from attending this session:

The session will relate to the following (check all that apply):

- | | |
|---|---|
| <input type="checkbox"/> 1. Housing (Where will I live when I get old?) | <input type="checkbox"/> 4. Social / Spiritual Issues |
| <input type="checkbox"/> 2. Competent Care (Who will take care of me?) | <input type="checkbox"/> 5. Financial / Legal Issues |
| <input type="checkbox"/> 3. Health | <input type="checkbox"/> 6. Equality Issues |

Presenter(s):

Name _____ Title _____

Organization _____

Street or mailing address _____

City, State and Zip Code _____

Phone _____ Fax _____

Email _____

Preference of time slot for presentation _____

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Please attach a resume, short bio and a list of presenter's past speaking engagements.

For more information about the conference, visit
<http://www.glbtcOLORADO.org/SAGERegionalConference.aspx>
or call Ken Helander – 303-733-7743 x122